

Serious Psychological Distress (Adults)

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- Most recent data (2014): 4% or about 60,500 King County adults age 18+.
- Trend over time: 2009-14: flat
- Description: Scale score reflecting how often felt nervous, hopeless, restless, depressed, worthless, or that everything was an effort, during last 30 days
- Healthy People 2020 Goal: None listed for this indicator.

Serious psychological distress (adults), King County, 2011-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	4	3	4
AGE			
18-24	3	2	6
25-44	3	3	5
45-64	5	4	6
65+	1	1	2
GENDER			
Male	4	3	5
Female	4	3	5
RACE/ETHNICITY			
AIAN	7 §	3 §	17 §
Asian	2 §	1 §	4 §
Black	6 §	3 §	12 §
Hispanic	6	4	9
Multiple	3 §	2 §	7 §
NHPI	4 §	1 §	25 §
White	4	3	4
HOUSEHOLD INCOME			
<\$15,000	15	12	20
\$15,000 to \$24,999	7	5	11
\$25,000 to \$34,999	3	2	6
\$35,000 to \$49,999	2 §	1 §	4 §
\$50,000 to \$74,999	2	1	3
\$75,000+	1	0	1
REGION			
East	2	2	3
North	3 §	2 §	7 §
Seattle	4	3	5
South	5	4	6

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 08/2016.

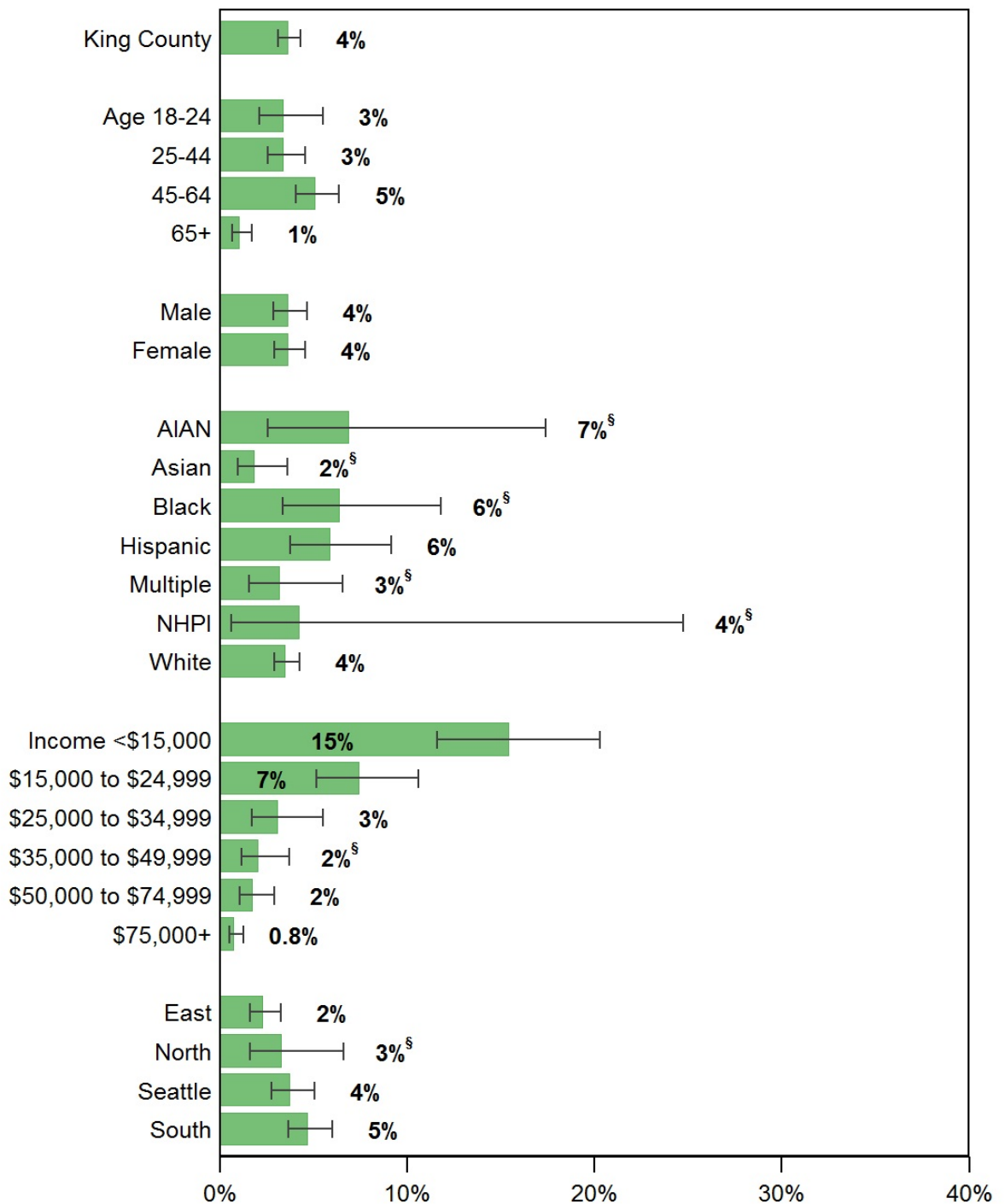
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Serious psychological distress (adults) King County, 2011-2014 average



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[-----] Confidence interval shows range that includes true value 95% of the time.

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Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Serious psychological distress (adults) by health reporting areas, King County, 2011-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	4	3	4
Auburn	3 §	1 §	13 §
..Auburn-North	1 §	0 §	3 §
..Auburn-South	6 §	1 §	29 §
Bear Creek/Carnation/Duvall	1 §	0 §	3 §
Bellevue	3 §	2 §	5 §
..Bellevue-Central	4 §	1 §	11 §
..Bellevue-NE	2 §	0 §	6 §
..Bellevue-South	3 §	1 §	7 §
..Bellevue-West	3 §	1 §	9 §
Black Diamond/Enumclaw/SE County	4 §	2 §	11 §
Bothell/Woodinville	1 §	0 §	5 §
Burien	9 §	5 §	18 §
Covington/Maple Valley	4 §	2 §	9 §
Des Moines/Normandy Park	5 §	2 §	11 §
East Federal Way	9 §	4 §	19 §
Fairwood	2 §	1 §	5 §
Federal Way	7 §	3 §	13 §
..Fed Way-Central/Military Rd	6 §	3 §	12 §
..Fed Way-Dash Point/Woodmont	8 §	3 §	23 §
Issaquah	4 §	1 §	14 §
Kenmore/LFP	3 §	1 §	10 §
Kent	4 §	2 §	8 §
..Kent-East	2 §	1 §	7 §
..Kent-SE	3 §	1 §	6 §
..Kent-West	8 §	3 §	24 §
Kirkland	3 §	1 §	5 §
..Kirkland	3 §	1 §	7 §
..Kirkland North	2 §	1 §	9 §
Mercer Isle/Pt Cities	3 §	1 §	10 §
Newcastle/Four Creeks	2 §	1 §	9 §
North Highline	3 §	0 §	17 §
Redmond	1 §	1 §	4 §
Renton	3 §	2 §	6 §
..Renton-East	0 §	0 §	3 §
..Renton-North	3 §	1 §	8 §
..Renton-South	5 §	2 §	12 §
Sammamish	0	N/A	N/A
SeaTac/Tukwila	6 §	2 §	12 §
Seattle	4	3	5
..Ballard	2 §	1 §	7 §
..Beacon/Gtown/S.Park	7 §	2 §	20 §
..Capitol Hill/E.lake	5 §	2 §	12 §
..Central Seattle	5 §	2 §	13 §
..Delridge	2 §	1 §	7 §
..Downtown	7 §	3 §	18 §
..Fremont/Greenlake	1 §	1 §	3 §
..NE Seattle	2 §	1 §	6 §
..North Seattle	6 §	3 §	12 §
..NW Seattle	2 §	1 §	4 §
..QA/Magnolia	2 §	1 §	6 §
..SE Seattle	8 §	3 §	19 §
..West Seattle	3 §	1 §	6 §
Shoreline	5 §	2 §	11 §
Snoqualmie/North Bend/Skykomish	3 §	1 §	9 §
Vashon Island	0	N/A	N/A

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

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N/A: Not available.

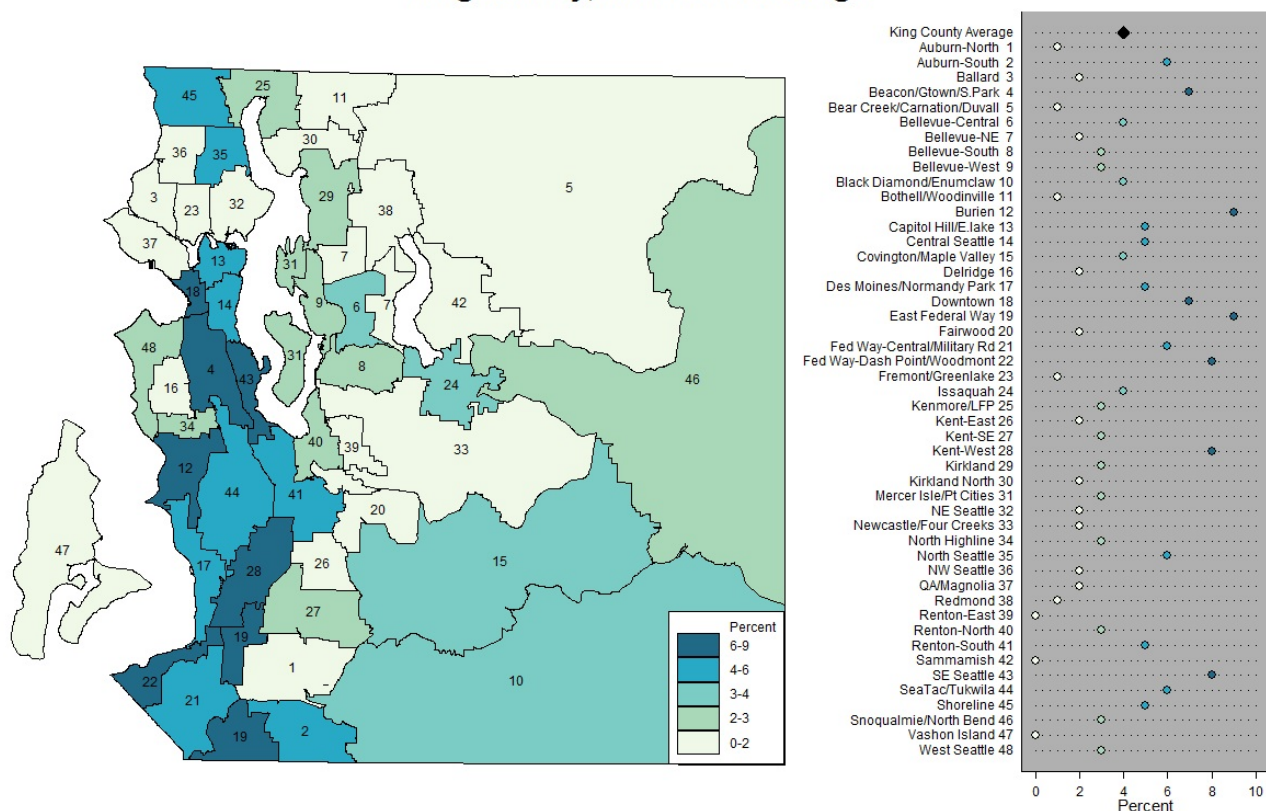
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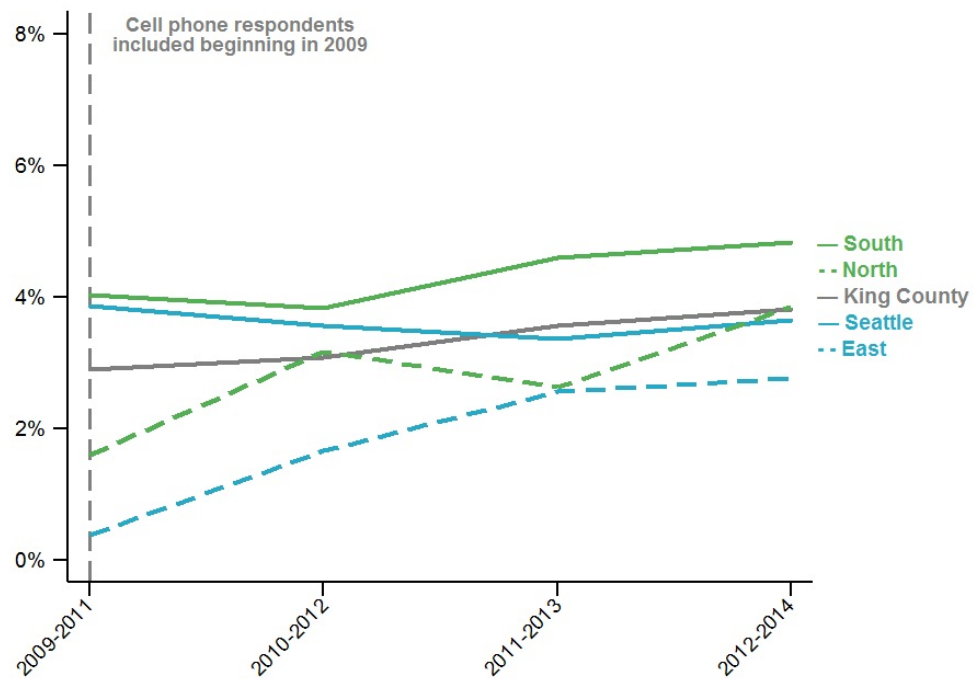
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Serious psychological distress (adults) by health reporting areas King County, 2011-2014 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 08/2016.

Serious psychological distress (adults) King County, 2009-2014, three-year rolling averages



Trends over time: King County (2009-14: flat); East KC (2009-14: flat); North KC (2009-14: flat); Seattle (2009-14: flat); South KC (2009-14: flat)

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 08/2016.

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